



Kinetika Bloco's Southbank Sessions

Music

Join our Friday sessions for a creative, fun-filled experience. Explore music and dance with talented tutors and special guests in a supportive and inclusive environment.

About this programme

Kinetika Bloco's Southbank Sessions invite you to dive into dance, samba drumming, or melodic instruments like steel pans, brass, and woodwind. This inclusive space is designed to support your wellbeing, with additional staff members on hand to help you learn at your own pace. Whether you need a bit of extra guidance or a quiet break, we're here to ensure you feel comfortable and confident. It's a low-pressure opportunity to develop your musical skills, find your creative spark, and connect with others in a warm, welcoming community. No previous experience is necessary – just bring your enthusiasm!

i For more information

To learn more about our booking or referral process click [here](#) or contact us by emailing: tamzyn@kinetikabloco.co.uk

Delivery partners



 Age

14-25 years

 Activity Date

Every Friday

**Fri, 23rd
Oct 2026**

 5:15pm - 7:15pm

[Add to Calendar](#)

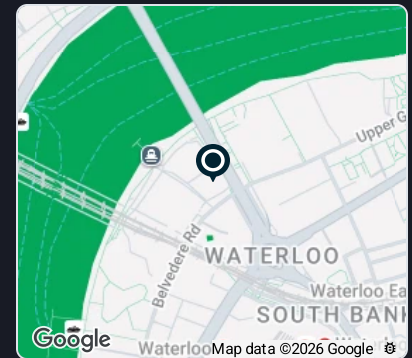
 Activity Price

Free

 Activity Location

Spirit Level

Southbank Centre, Belvedere Road,
London



[Directions](#)